

Useful contacts
and websites

Exeter Woman's Aid
0800 328 3070

www.exeterwomensaid.org.uk

Shelter
0808 800 4444
www.shelter.org.uk

NHS
111
www.nhs.uk

Samaritans
01392 411711
jo@samaritans.org

Exeter & District Relate Centre
0300 772 9681
reception@exrelate.org.uk

Citizens Advice Bureau
03444 111 444
www.cab-bideford.co.uk

Children & Young People Services
0844 880 5838

Emergency Duty Service
(Out of hours)
0845 6000 388

We can be contacted at
Tiverton Children's Centre

By phone:
01884 250449
01884 254044

By email:
tiverton@actionforchildren.org.uk



Family Support Practitioners

Working for under 5s and their families



Working together
to achieve the best
outcomes for you and
your children

in partnership with
Devon
County Council

action for
children

What do family support practitioners do?

Sometimes families need some extra support in managing the challenges parenting presents. What family support practitioners can do is offer support in learning how to manage specific issues your family may be experiencing. We will spend time with you identifying what support you may need in making life a little easier for your family.

What we will do:

Visit you at home offering 1:1 Support.

Refer you to other agencies (if needed).

Help you access groups, parenting courses and other Children's Centre activities.

Help you understand your parenting role and skills needed.



Working together

Your Health Visitor can refer you or you can refer yourself, by completing a referral form and the children's centre membership form.



We will then arrange an initial visit where two workers will come to see you. We will explain the support we can offer and complete a consent form with you.



Together we will complete an assessment of your family's needs and see what support you require in meeting your child's needs.



Your plan will be reviewed at regular intervals to make sure you are getting the right support.

Some of what we offer...

- Home visits
- One-to-one support
- Parenting support groups helping you to understand your child's needs, behaviour and development.
- Antenatal support
- Baby Massage
- Child development support
- Universal play sessions

Links to other services

We can sign post you to other organisations which are able to offer information and advice.

We will keep the information you share with us confidential except where there is a concern about the safety or welfare of a child.