



Who will be involved?

The group will be run by a member of the Health team and of Tiverton Children's Centre.

For more information & to check availability, please contact **01884 250449**

If you can tune into your baby's needs and respond sensitively, there will be huge benefits for your baby and for you, the parent.

Babies start communicating with you before they are born and continue to do so the minute they are born.

This group will help you to understand what they are trying to say to you.

**Tiverton Children's Centre
Wilcombe Primary School
Lazenby Road
Wilcombe
Tiverton
Devon
EX16 4AL**



A Sure Start Children's Centre



Here's Looking at You Baby

A group for
parents and babies
aged 6 months
and under

HERE'S LOOKING AT YOU BABY

A group for all parents with their babies, 6 months and under.



A small friendly group with no more than 10 parents and their little ones.

A group which will help you find out what your baby is trying to tell you with their smiles, wriggles, grizzles and sounds.

Topics covered

- Crying and your response
- Understanding your baby's cues
- The behaviour your baby comes with from birth
- How you and your baby communicate
- Positioning of your baby
- Taking turns when you communicate and play with your baby
- Eye contact, conversations & smiling
- Developing a conversation with your baby
- Understanding your baby's emotions
- The process of attachment
- Understanding your baby's development
- Playing with your baby

The group will run for 6 weeks.

We will be using video to illustrate the way in which your baby communicates.



This group has been developed from long term research into infant behaviour. It tells of the importance of parents understanding what their babies are trying to communicate before they can use words, to ask for what they want.